

SUPSI

La valutazione multidimensionale geriatrica

Il Ticino delle Case Anziani: sfide, problemi, prospettive
5 aprile 2016

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La Valutazione Multi - Dimensionale (Comprehensive geriatric assessment - CGA) è un **processo diagnostico multidimensionale, interdisciplinare** per determinare lo stato di salute, psicologico e le capacità funzionali di un anziano fragile, **al fine di sviluppare un piano coordinato e integrato per il trattamento/le cure e, a lungo termine, di follow-up.**



**Comprehensive geriatric assessment for older adults
admitted to hospital (Review)**

Ellis G, Whitehead MA, O'Neill D, Langhorne P, Robinson D

Ellis, G. & al. 2011

Gli ambiti principali valutati sono suddivisibili in quattro aree:



- ☐ Capacità funzionale
- ☐ Salute fisica
- ☐ Salute cognitiva e mentale
- ☐ Situazione socio- ambientale

Strumenti 1^a generazione

- **PRO**
- Validati in differenti tipologie di anziani
- Ampliamenti diffusi
- **CONTRO**
- Descrittivi di una sola problematica/area
- Devono essere integrati tra di loro

Strumenti 2^a - 3^a generazione

- **PRO**
- Omnicomprensivi
- Finalizzati alla pianificazione della assistenza
- **CONTRO**
- Non sempre agevole applicazione dove è richiesta rapidità di info.
- Talvolta necessitano di integrazioni

La Valutazione Multi - Dimensionale (Comprehensive geriatric assessment - CGA) è un processo diagnostico multidimensionale,

interdisciplinare

per determinare lo stato di salute, psicologico e le capacità funzionali di un anziano fragile, al fine di sviluppare un piano coordinato e integrato per il trattamento/le cure e, a lungo termine, di follow-up.

La **collaborazione interdisciplinare** è una partnership tra un team di operatori sanitari e l'assistito in un approccio collaborativo, coordinato e partecipativo per giungere a una decisione condivisa in merito ai problemi di salute e sociali.

TREND ARTICLE

COACTION

Interprofessional collaboration: three best practice models of interprofessional education

Diane R. Bridges, MSN, RN, CCM^{1*}, Richard A. Davidson, MD, MPH², Peggy Soule Odegard, PharmD, BCPS, CDE, FASCP³, Ian V. Maki, MPH³ and John Tomkowiak, MD, MOL⁴

Medical Education Online 2011



La partnership crea un **team interdisciplinare**, volto a lavorare su obiettivi comuni, in cui le diverse culture professionali collaborano attraverso la condivisione di competenze e conoscenze per migliorare la qualità della cura del paziente e i suoi outcome/ risultati.

E 'importante notare che la scarsa collaborazione interprofessionale può avere un impatto negativo sulla qualità della cura del paziente.

TREND ARTICLE

CQACTION

Interprofessional collaboration: three best practice models of interprofessional education

Diane R. Bridges, MSN, RN, CCM^{1*}, Richard A. Davidson, MD, MPH², Peggy Soule Odegard, PharmD, BCPS, CDE, FASCP³, Ian V. Maki, MPH³ and John Tomkowiak, MD, MOL⁴

Sempre più spesso, i programmi CGA si stanno muovendo verso un concetto di

team virtuale

in cui tutti i membri necessari sono compresi, ma ...

le valutazioni sono condotte

in diverse località

in giorni diversi,

e la comunicazione del team è completata via telefono o

elettronicamente,

spesso attraverso la cartella clinica elettronica.



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Comprehensive geriatric assessment

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Comprehensive geriatric assessment for older adults admitted to hospital (Review)

Ellis G, Whitehead MA, O'Neill D, Langhorne P, Robinson D



THE COCHRANE
COLLABORATION®

Avelino-Silva et al. *BMC Geriatrics* 2014, **14**:129
<http://www.biomedcentral.com/1471-2318/14/129>



RESEARCH ARTICLE

Open Access

Comprehensive geriatric assessment predicts mortality and adverse outcomes in hospitalized older adults

Thiago J Avelino-Silva*, Jose M Farfel, Jose AE Curiati, Jose RG Amaral, Flavia Campora and Wilson Jacob-Filho

Articles

Comprehensive geriatric care for patients with hip fractures: a prospective, randomised, controlled trial



Anders Prestmo*, Gunhild Hagen*, Olav Sletvold, Jorunn L Helbostad, Pernille Thingstad, Kristin Taraldsen, Stian Lydersen, Vidar Halsteinli, Turi Saltnes, Sarah E Lamb, Lars G Johnsen, Ingvild Saltvedt

Summary

Background Most patients with hip fractures are characterised by older age (>70 years), frailty, and functional deterioration, and their long-term outcomes are poor with increased costs. We compared the effectiveness and cost-effectiveness of giving these patients comprehensive geriatric care in a dedicated geriatric ward versus the usual orthopaedic care.

Lancet 2015; 385: 1623-33

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Research paper

Frailty and comprehensive geriatric assessment organized as CGA-ward or CGA-consult for older adult patients in the acute care setting: A systematic review and meta-analysis



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Available online at www.sciencedirect.com

ScienceDirect

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Identification and team-based interprofessional management of hospitalized vulnerable older adults

Jeff Edward Borenstein, MD, MPH^a, Harriet Udin Aronow, PhD^{b,*},
 Linda Burnes Bolton, DrPH, RN, FAAN^b, Mariane Ivy Dimalanta, MSN, RN-BC^b,
 Ellen Chan, LCSW^c, Katherine Palmer, PharmD^d, Xiao Zhang, PhD^e,
 Bradley Rosen, MD, MBA^a, Glenn David Braunstein, MD^a

Frailty

in the older adult

Will you recognize the signs?

Abstract: With the rapid aging of the oldest old, it is inevitable that nurse practitioners will encounter frail patients across care settings. Presented through a case study, this article addresses the clinical characteristics of frailty, strategies to prevent this geriatric syndrome, and recommendations for care.

By Rhonda W. Lucas, MSN, RN and Laurie Kennedy-Malone, PhD, GNP-BC, FAANP, FGSA

Clinical Interventions in Aging Dovepress
open access to scientific and medical research

Open Access Full Text Article REVIEW

Optimal management of elderly cancer patients: usefulness of the Comprehensive Geriatric Assessment

This article was published in the following Dove Press journal:
Clinical Interventions in Aging
29 September 2014
Number of times this article has been viewed

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Florence Canoui-Poitrine^{1,2,3,*}
Elena Paillaud^{1,2,*}

Background: Cancer is common in older patients, who raise specific treatment challenges due to aging-related, organ-specific physiologic changes and the presence in most cases of comorbidities capable of affecting treatment tolerance and outcomes. Identifying comorbid conditions and physiologic changes due to aging allows oncologists to better assess the risk/benefit ratio and to adjust the treatment accordingly. Conducting a Comprehensive Geriatric Assessment (CGA) is one approach developed for this purpose. We reviewed the evidence on the usefulness of CGA for assessing health problems and predicting cancer treatment outcomes, functional decline, morbidity, and mortality in older patients with solid malignancies.

Research and Reviews

Comprehensive Geriatric Assessment and Team Intervention

JMAJ 50(6): 461–466, 2007

Masanori NISHINAGA*¹

International Journal of Clinical Practice [Explore this journal >](#)

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Perspective

Comprehensive geriatric assessment – a guide for the non-specialist

T. J. Welsh , A. L. Gordon, J. R. Gladman

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